









## PROGRAM 2016

PRING

Juice Cleanse & Yoga Retreats

March 10 - 13; April 7 - 10; May 5 - 8

Living Willow Weekends

Feb 20 - 21; Feb 27 - 28

Go Wild Food Foraging

March 19; May 14

Nature Schooling Ireland

March 5; April 2; April 30; May 28

Sangha Mindfulness Days

Feb 7; March 6; April 3; May 1

UMMER

Juice Cleanse & Yoga Retreat

June 23 - 26

Nature Schooling Ireland

July 2; August 6

Sangha Mindfulness Days

June 5; July 3; August 7

LUTUMN

DIY Wind Turbine Workshop
Sept 16 - 18; Sept 22 - 25
Natural Building Workshops
Oct 6 - 9; Oct 13 - 16
Juice Cleanse & Yoga Retreats
Oct 27 - 30; Nov 10 - 13; Nov 24 - 27
Go Wild Food Foraging
Sept 10 & 11; Oct 22
Nature Schooling Ireland
Sept 3; Oct 1; Nov 5

Sangha Mindfulness Days Sept 4; Oct 2; Nov 6, Dec 3

New Year's Juice Cleanse & Yoga Retreat
December 29 - January 4

Crann Og Eco Farm Ireland

Co. Galway

www.ecostayireland.com ecostayireland@gmail.com +353 91631602